

## **NEWS RELEASE**

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For more information, contact: *Janelle Visser*, 308-487-3600 ext. 105 or 308-760-6493

The 12<sup>th</sup> Annual Alliance Suicide Prevention Community Walk will be held on Saturday, September 11 starting at 8:00 at the Alliance PAC Commons Area. The walk will traverse the beautiful trail around Laing Lake, down to Central Park. There's no charge to participate in the event but pre-registration is encouraged and can be done by visiting <a href="https://tinyurl.com/5c5r8tph.">https://tinyurl.com/5c5r8tph.</a> Registration the day of the event will be available from 7:30 to 8:00 am on the morning of the walk.

T-shirts are available for \$15 and can be ordered at <a href="https://alliance-suicide-prevention-walk.itemorder.com/sale">https://alliance-suicide-prevention-walk.itemorder.com/sale</a> or by calling Shelmadine Print Shop 308-761-3230. The deadline to order is Monday, September 6, 2021.

All funds donated to the Alliance Suicide Prevention Community Walk will go towards holding the annual walk as well as supporting evidence-based, suicide prevention programs in Alliance and throughout the Panhandle including Question. Persuade. Refer. (QPR) and Hope Squad. These efforts are coordinated by Panhandle Public Health District.

Sponsors for the walk include Alliance Chamber, Alliance Community Pharmacy, Alliance Public Schools, Alliance Tractor, Bank of the West, Carnegie Arts, City of Alliance, Grocery Kart, Keep Alliance Beautiful, Farmers State Bank, Great Western Bank, Panhandle Public Health District, Pepsi, Ron's S&T, Snow-Redfern Foundation, and Team Auto.

If you are interested in donating to help save a life and support the evidence-based, suicide prevention programs in the panhandle, you may contact Janelle Visser at 308-760-6493.

Panhandle Public Health District is working together to improve the health, safety and quality of life for all who live, learn, work and play in the Panhandle. Our vision is that we are a healthier and safer Panhandle community.